

HOW DO LAKES FREEZE?



As the winter gets colder and colder, the ice gets thicker and thicker until we can stand, and even drive, on it without falling through. But exactly how does this happen?

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NH Lakes Education Director

Our frozen lakes in winter offer lots of fun activities!

We're lucky in New Hampshire—our lakes typically freeze during winter. This provides us with another great season of fun on the lake. While many of us are looking forward to the cross country skiing, ice skating, snow shoeing, ice fishing, and snowmobiling opportunities that our favorite lake will soon offer, we must wait patiently for the ice to form and become thick enough to support us and our recreational gear.

How Does A Lake Freeze?

Since early August when New Hampshire's lakes typically achieve their warmest temperatures, our lakes have been cooling off and starting the freezing process. Here's how it happens...

As the air temperature

drops during late-summer, the temperature of the upper layer of the lake drops too. The cooling surface water becomes heavier and denser—eventually to the point that it sinks toward the lake bottom and forces warmer, less dense water to the surface. The process of the upper layer cooling and sinking occurs until the temperature of all the water in the lake drops to approximately 39 degrees Fahrenheit—the point at which water reaches its maximum density.

At some point in November or December, as the air temperature and the water at the lake surface becomes cooler than 39 degrees Fahrenheit, something rather unique happens—the water molecules at the surface spread apart and the water becomes less dense. (Typically in nature as things get colder they contract not expand.) This expansion allows the cooler surface water to float upon the slightly

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Happy Holidays!

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warmer (and more dense) water just below it. Once the surface water cools to approximately 32 degrees Fahrenheit, its molecules crystallize into interlocking lattice-like patterns

and ice is formed. The ice takes up more room than the water it was made from which makes the ice lighter (and less dense) than the water below it—this allows the ice to float on top of the water. If ice was more

dense than liquid water, it would sink and lakes would freeze completely from the bottom up. Since most aquatic organisms can't survive being completely frozen, this would cause big problems in lake ecosystems!

Shallower lakes usually freeze before deeper lakes since shallower lakes contain less water that needs to be cooled down. And, lakes freeze from their perimeter towards the center since there is less water in the shallower areas that needs to be cooled.

How Does The Ice Become Thicker?

Once an ice film has formed on the surface of the lake and the air above the ice continues to be colder than the ice, the ice will thicken. The cold air above the ice causes heat to leave the lake water under the ice and from the ice itself. This causes the water below the ice to freeze into successively deeper layers. As the winter gets colder and colder, the ice gets thicker and thicker until we can stand, and even drive, on it without falling through.

freeze completely from top to bottom. The ultimate thickness of the ice layer depends on many variables include the size and shape of the lake, the air temperature, and the duration of the cold air above the ice. In some cases, very shallow lakes or lakes on mountain tops may freeze completely, but this is not often the case in New Hampshire.

Have A Safe And Enjoyable Experience On Our Lakes This Winter!

No matter what winter activity you enjoy most out on the lake, we hope that you have a safe and enjoyable experience. If you go out onto a lake that appears to be frozen, it is extremely important that you follow basic ice-safety guidelines. For a copy of the "Safety on Ice" brochure, visit the New Hampshire Fish and Game Department's website at www.wildlife.state.nh.us/Fishing/Fishing_PDFs/Safety_on_ice.pdf or call the Public Affairs Division at (603) 271-3211.

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Why Don't Lakes Freeze Completely?

At some point, the ice layer itself on a lake will act as an insulator, preventing the cold air above the ice to remove heat from the unfrozen water below. This is why lakes don't typically

Surprise Cafe

Thanks for your

Name _____

How do Lakes Freeze?

1. When do NH lakes achieve their warmest temperatures?
2. Freezing is going from a _____ to a _____.
3. When water becomes colder it becomes _____ and thus sinks to the bottom.
4. Warm water is less _____ than cold water and thus _____ to the surface.
5. The process of the upper layer cooling and sinking happens until _____ ° F.
6. At this temperature water reaches its _____.
7. When the water becomes colder than 39° F. What happens to the density of the water?
8. What happens to the molecules at the surface?
9. Typically in nature things _____ when they get colder not _____.
10. Because the cold water is less dense it _____ on the denser, warmer water.

11. When the surface temperature reaches 32° F the molecules _____ into interlocking lattice patterns and _____ is formed.
12. The ice takes up more room then the water it was made from which makes the ice _____ and less _____.
13. This allows solid water (ice) to _____ in liquid water.
14. What would happen to aquatic organisms if ice was more dense and it sank to the bottom?
15. Which lakes freeze first? Shallow or deep? Why?
16. Where do lakes start to freeze? Why?
17. Why don't lakes completely freeze?
18. Name four factors that affect the thickness of the ice.